Toastmasters International is a non-profit organization created in the USA in 1924, with over **280 thousand members** in over **14700 clubs** in **144 countries**. Their members meet in weekly sessions with the objective of **learning how to communicate in public** and **leading** in many situations.

Sessions have an approximate duration of two hours and have three parts:

* **Prepared speeches** made by members with a specific objective that varies from member to member, following a training path chosen by themselves.
* **Impromptu speeches**, in which members are invited to make a speech knowing the topic immediately before starting.
* **Evaluations**, in which every single person who was on stage on that session will receive feedback from other members who were paying special attention to aspects such as verbal and non-verbal crutches, grammar and other improvement points.

Joining informality and fun with rigor, this is a perfect balance with excellent results!

This concept is hugely successful and has had huge impact on the personal and professional lives of its members. They gain communication skills, get more involved in the community, and help other members reach their goals. There are also various leadership roles in clubs that they don’t often have access to in their own organization, making them better qualified to lead at their workplace. All of this in a welcoming and constructive environment in which members will feel good with other people who share a growth mindset on a personal and community level.

At [name of town/city of closest club] there is [name of the club proposing this demo session], and there are other clubs in [list of three other close towns/cities] and others around the country.

It’s exceedingly easy to become a member: just visit one club and see for yourself! Go, participate, listen to the speeches, and undoubtedly you will understand the benefit of being a member. You may visit more than one club and choose the one that suits you best, for example according to the day of the week and time of the sessions. And, after becoming a member, you may visit any club in the world – you will be welcome, always!

After confirming that you wish to become a member there is a registration fee and a semesterly fee. Their amounts may vary from club to club, so please ask the club officers! But don’t worry, it’s not a huge deal of money and the benefit is so much higher!